



WACHAU TRAIL 2026

WACHAU101

YOUR PARTICIPANT GUIDE

Through the night. Through the Wachau. Back to yourself.

DISTANCE	ELEVATION GAIN	DATE	START TIMES	TIME LIMIT
101 km	+3,886 m	2.-3.10.2026	19-20 02	21-28 hrs

Life is not meant to be mastered.

It is meant to be experienced.

Nature reminds us of this.

And that we need to be nothing other than ourselves.

BE YOU.



WACHAU101

Welcome to your journey

Dear participant,

100 kilometres through the Wachau is more than a long distance. They are a journey through the night, through forests and vineyards - and sometimes through one's own thoughts.

Whether you're hiking, walking, or finding your own personal path in-between, WACHAU101 isn't about comparing yourself to others; it's about staying attentive, taking responsibility for yourself, and step-by-step going your own way.

There will be moments when everything seems easy, and probably moments when you wonder why you've embarked on this adventure, and maybe those moments remind you of what's inside you.

This companion contains all the important information for your preparation and your time on the course, so please read it carefully and make your decisions with the experience and personal responsibility that a distance like the WACHAU101 requires.

I am very happy to welcome you at the start in Aggsbach Dorf and to be able to receive you later in Krems at the finish.

Be confident in your path. Stay attentive. And with all the challenges, don't forget to experience this special day.

BE YOU.

Andreas Neubauer
WACHAU TRAIL and TRAILWELTEN

At a glance

Distance	100.44 km · +3.886 / -3.921 HM
Start	Hotel Residence Wachau · Aggsbach Dorf
Finish	Stadtpark Krems · Josef-Wichner-Straße 1
Aid stations	8 aid stations plus finish catering
Finish cut-off	Sat., 03.10.2026 · 23:00
Tracking	No GPS tracker and no live tracking

[All information about WACHAU101](#)

BEFORE THE START

Categories, start times and race bib

Hikers and run-hikers

Open start window	Fri., 02.10.2026 · 19:00-20:00
Official start time	20:00
Briefing	7:45 pm at the start
Bib collection at the start	from 19:00 no later than 19:45
Time available	depending on the start time 27 to 28 hours
EARLY START The briefing will be held at 7:45 p.m. If you start before, you will have to inform yourself completely based on this companion and the last e-mail.	

Runners and run-hikers

Start	Sat., 03.10.2026 · 02:00
Briefing	01:45 a.m. at start
Bib collection at the start	01:00-01:45
Time available	21 hours
Shuttle from Krems	00:45 · Arrival approximately 01:20

Race bib collection - two options

You can pick up your race bib either on Fri. in Krems or directly at the start of the WACHAU101 in Aggsbach Dorf.

Fri., October 2, 2026, 10:00-18:00 at Birds & Bites at Stadtpark Krems, Josef-Wichner-Straße 1, 3500 Krems.

- Directly at the start in Aggsbach Dorf: hikers from 19:00 to 19:45 at the latest, runners from 01:00-01:45.
- Have personal pick-up QR code available from the participant email.
- The pick-up QR code is not to be confused with the start and finish QR codes on the race bib.
- Run-hikers do not report their group in advance; the relevant factor is the actual QR start.

START & FINISH

Travel, parking and facilities

Start in Aggsbach Dorf

Hotel Residenz Wachau · Rosenweg 2 · 3394 Aggsbach Dorf

- Wanderers travel independently. Among other things, the bus line 720 is possible; check current connection in time.
- Free public parking is within walking distance of the start. Large car park on the main road: 48.291988, 15.411360.
- Use the hotel car park only for a short time to disembark and unload; it is reserved for hotel guests.
- Keep accesses, bus stops, rescue routes and stop and parking prohibitions free.

Shuttle for runners

- Depart Sat. 00:45 at the stop of line 715 at Stadtpark Krems.
- Arrival Aggsbach Dorf approximately 01:20. Cost 4 euros; booking only in advance when registering.
- No shuttle for family members.

Facilities at the start

- Race bib collection, baggage drop-off, warm lounge area and drinking water.
- No food: fully supplied and come with filled water bottles.
- Hikers are allowed to use the Hotel-WC. At the runners' start, the hotel is closed; no WC at the start.
- No changing rooms and no showers.

Finish at Stadtpark Krems

Josef-Wichner-Straße 1 · 3500 Krems an der Donau

- Event tent, WC, finish catering, bar, medal and baggage claim.
- No reserved parking for participants. Information: www.krems.at/leben/mobilitaet/parken

WACHAU101

Route overview and elevation profile

WACHAU101 · ROUTE OVERVIEW 2026

101 km · +3,886 m · Start: Aggsbach Dorf · Finish: Stadtpark Krems



● START · Aggsbach Dorf	0,0 km
● Pielachberg	12,5 km
● Emmersdorf	24,2 km
● Aggsbach Markt	37,3 km
● Maria Laach	44,4 km
● Naturparkgasthaus Jauerling	52,1 km
● Schloss Spitz	65,6 km
● Marktplatz Weißenkirchen	76,2 km
● Fesslhütte Dürnstein	89,0 km
■ FINISH · Stadtpark Krems	100,4 km

8 aid stations plus finish catering · no intermediate cut-offs

ELEVATION PROFILE



Legend: ● Aid station ■ Finish | Route and elevation profile from the current GPX file · Relief schematic.

[Open the route on Outdooractive](#)

OFFICIAL ROUTE

This overview is provided for orientation. Only the current GPX file at www.wachautrail.at/gpx, or the most recently updated file sent by email, is binding.

AID STATIONS

aid stations and opening hours

Our aid stations offer a wide variety of sweet and salty foods and drinks - including cola and salt. The Naturparkgasthaus Jauerling and Fesslhütte also have warm soups.

Aid station	km	Opening hours	Facilities
1 · Pielachberg	12,5	Fri. 21:30-Sat. 04:30	Indoors, toilets
2 · Emmersdorf	24,2	Sat. 00:00-06:00	Heated indoor area, toilets
3 · Aggsbach Markt	37,3	Fri. 23:30-Sat. 08:00	Heated indoor area, toilets
4 · Maria Laach	44,4	Sat. 01:00-09:30	Heated indoor area, toilets
5 · Naturparkgasthaus Jauerling	52,1	Sat. 02:30-11:30	Indoors, toilets
6 · Schloss Spitz	65,6	Sat. 05:30-14:30	Toilets
7 · Marktplatz Weißenkirchen	76,2	Sat. 08:00-17:00	Toilets
8 · Fesslhütte Dürnstein	89,0	Sat. 10:30-20:30	Indoors, toilets
Finish · Stadtpark Krems	100,4	Sat. 12:00-23:00	Finish catering, marquee, toilets

PLAN RESPONSIBLY

There are no intermediate cut-offs. However, an aid station must not be included in your plan as an available supply point outside its stated opening hours.

Bag transport to the finish

- Maximum volume approximately 20 litres; drop off directly at the start.
- The organiser will label your bag with your race bib number and tape.
- Transport to Krems after the respective group has started; the bag cannot be accessed at an aid station.
- Do not pack valuables or fragile items. Uncollected bags will be kept safely.

COURSE SCHEDULE

Hikers and early start hikers

In order for the finish to be reached by 11:00 pm, including all breaks and aid-station stops, an overall average of around 3.6 km/h at 7:00 pm start and 3.7 km/h at 8:00 pm start is required.

Station	km	Start at 19:00	Start at 20:00	Aid station closes
Start of Aggsbach Dorf	0	Fri. 19:00	Fri. 20:00	-
Pielachberg	12,48	Fri. 22:30	Fri. 23:15	Sat. 04:30
Emmersdorf	24,18	Sat. 01:45	Sat. 02:30	Sat. 06:00
Aggsbach Markt	37,33	Sat. 05:30	Sat. 06:00	Sat. 08:00
Maria Laach	44,41	Sat. 07:30	Sat. 08:00	Sat. 09:30
Naturparkgasthaus Jauerling	52,06	Sat. 09:30	Sat. 10:00	Sat. 11:30
Schloss Spitz	65,62	Sat. 13:15	Sat. 13:45	Sat. 14:30
Marktplatz Weißenkirchen	76,21	Sat. 16:15	Sat. 16:30	Sat. 17:00
Fesslhütte Dürnstein	88,98	Sat. 19:45	Sat. 20:00	Sat. 20:30
Finish at Stadtpark Krems	100,44	Sat. 23:00	Sat. 23:00	Finish cut-off 23:00

GUIDELINE TIME, NOT A CUT-OFF

The times shown indicate the latest guidance window leading to the official finish cut-off. They are not intermediate cut-offs. You remain responsible for managing your own time.

Run-hikers

Those who start between 7 p.m. and 8 p.m. are guided by this schedule, those who start at 02:00 use the runners' schedule, and the relevant factor is the actual QR start.

COURSE SCHEDULE

Runners and run-hikers starting at 02:00

The blue orientation is based on an average overall speed of 7.5 km/h. Stays at the aid stations must be taken into account in your personal planning.

Station	km	Orientation	Aid station opens	Aid station closes
Start of Aggsbach Dorf	0	Sat. 02:00	-	-
Pielachberg	12,48	Sat. 03:45	Fri. 21:30	Sat. 04:30
Emmersdorf	24,18	Sat. 05:15	Sat. 00:00	Sat. 06:00
Aggsbach Markt	37,33	Sat. 07:00	Fri. 23:30	Sat. 08:00
Maria Laach	44,41	Sat. 08:00	Sat. 01:00	Sat. 09:30
Naturparkgasthaus Jauerling	52,06	Sat. 09:00	Sat. 02:30	Sat. 11:30
Schloss Spitz	65,62	Sat. 10:45	Sat. 05:30	Sat. 14:30
Marktplatz Weißenkirchen	76,21	Sat. 12:15	Sat. 08:00	Sat. 17:00
Fesslhütte Dürnstein	88,98	Sat. 13:45	Sat. 10:30	Sat. 20:30
Finish at Stadtpark Krems	100,44	Sat. 15:30	Sat. 12:00	Finish cut-off 23:00

IMPORTANT

The calculated arrival times are estimates for guidance. Weather, trail conditions, breaks and your personal pace may cause significant deviations.

Time limit

Runners have a total of 21 hours from the start at 02:00 until the regular finish at 23:00. There are no intermediate cut-offs; the opening hours of the aid stations remain relevant for your care.

PREPARATION

Mandatory equipment and personal checklist

Mandatory equipment

- Headlamp
- Spare lamp or suitable backup light
- Your own cup or soft flask
- First-aid kit
- Emergency blanket
- Mobile phone
- Waterproof jacket

PERSONAL RESPONSIBILITY

Mandatory equipment will not be checked. We rely on your experience and personal responsibility. Weather-related additions will be announced no later than the day before the event.

Trail running shoes are not mandatory for hikers; suitable and well broken-in hiking shoes are possible.

Check before arrival

- Download the current GPX file and save it offline.
- Fully charge your mobile phone and navigation device.
- Check the latest participant email and weather forecast.
- Have the collection QR code for your race bib ready.
- Check shuttle booking or connection of bus line 720.
- Prepare your own food, filled water bottles and personal medication.
- Pack a change of clothes in your finish bag; do not include valuables or fragile items.

ON THE COURSE

Navigation, course markings and fair play

GPX and marking

The WACHAU101 is completely marked with tapes - partly with reflectors - and indicative panels, and no spray markings or stickers are used.

- Current GPX file: www.wachautrail.at/gpx
- If the route changes, an updated file will be sent by email. Only the most recently supplied file is binding.
- Even on a marked course, every participant remains responsible for their own navigation.

If no more marking is visible

- Stop and do not continue by guesswork.
- Check your position and the route using the GPX file.
- If necessary, return to the last clearly identifiable course marker.
- If possible, report missing or obviously removed course markings to race control.

Fair play

- Accompaniment and pacing are permitted. Pacers may not use the food and drinks at aid stations.
- Personal support is permitted only at publicly accessible locations and at aid stations.
- Poles are permitted. Dogs are permitted for hikers only.
- Headphones are permitted but must be removed at road crossings, on public transport, at aid stations and whenever crew members give instructions.
- Respect nature, residents, landowners and other trail users. Do not leave any litter behind.

SAFETY

QR timing, emergencies and withdrawal

QR start and QR finish

- Your race bib has two QR codes labelled “Start” and “Finish”.
- Scan the start QR code yourself immediately when you actually start. Race control will not prompt you.
- Scan the finish QR code immediately after crossing the finish line.
- Both scans are required for a recorded result. Without a finish scan, you will be recorded as DNF.
- If you forget the finish scan, you may submit the time recorded by your GPS watch for manual entry.

NO LIVE TRACKING

With WACHAU101, there is no GPS tracker and no public live tracking link.

Emergency

- The phone numbers for race control and mountain rescue are printed on your race bib.
- If you need medical assistance, contact race control. Mountain rescue is on standby and the Red Cross has been informed.
- In a life-threatening emergency, call the European emergency number 112.

Early withdrawal

- Always report your withdrawal to race control, either in person or by phone.
- Telling an aid-station team is only sufficient once they have explicitly confirmed that the information has been passed to race control.
- There is no guaranteed return transport. Mountain rescue or the emergency medical service will provide transport only when medically necessary.
- If you withdraw, do not scan the finish QR code; your result will be recorded as DNF.

AFTER YOUR JOURNEY

At the finish and finisher services

Immediately after finishing

- scan the finish QR code.
- Accept the Finisher Medal.
- Use the finish food.
- Pick up free drink at the bar.
- Pick up transported luggage.

In the finish area

- Finish catering is reserved exclusively for participants.
- Family and friends are welcome to use the event marquee, finish area and bar. Additional drinks must be purchased.
- Your finisher certificate can be downloaded from your personal Time2Win account.
- Finisher shirts are issued on Friday at central race bib collection or at the finish - not at the start locations.

After the official finish cut-off

The regular closing time is 23:00, when the dismantling starts, and the team stays on site until 24:00, when it is known that someone is still on the course, they are serviced or contacted and arrange a pick-up if necessary.

ARRIVAL AFTER 23:00

Those who complete the entire route after the regular finish will still receive their finisher medal and recognition for the distance they have mastered, but the performance will not be considered as a regular finish within the given time.

One final note

This companion should give you security and guidance, and your preparation, your attention and the responsibility for your own decisions remain crucial.

See you at the finish. · BE YOU.